Credit: Penicillium mould, spore production, SEM. Wellcome Collection

The End of Antibiotics: Evaluating antimicrobial resistance in Neisseria gonorrhoeae among HIV PrEP users in Vietnam

Paul Adamson, MD, MPH (he/him/his) Assistant Clinical Professor Division of Infectious Diseases, UCLA

Penicillin



1928: London, UK Discovered by Sir Alexander Flemming



1942: New Haven, CT First US patient receives penicillin for septicemia



1942-45: World War 2 Penicillin mass produced in US during war effort

Penicillin for gonorrhea

CDC 1944: How it started



CDC 2022: How it's going

LITTLE NOW STANDS BETWEEN **US** & **UNTREATABLE** GONORRHEA

Overview

- Antimicrobial resistance (AMR) how it develops and why it's important
- Epidemiology of AMR in *N. gonorrhoeae*
- Gonorrhea in Vietnam: AMR and key populations
- Preliminary findings from ongoing research
- Questions and Discussion



- February 2018, a heterosexual male in the U.K. presented to a sexual health clinic with 4-day history of urethral discharge and dysuria
- Three days prior, he had sexual intercourse with a female in the UK. He recently returned from Thailand, where he reported having sexual intercourse with a female.

Exam, Lab Results, and Treatment

- Exam notable for purulent urethral discharge
- 3+ inflammatory cells and Gram-negative diplococci on microscopy
- Treated with ceftriaxone 1g IM once and doxycycline
 100mg BID for 7 days
- NAAT positive for NG in urine
- Culture from urethral swab grew *N. gonorrhoeae* resistant to azithromycin, ceftriaxone, cefixime, tetracycline, and ciprofloxacin; susceptible to spectinomycin

Eyre, DW, et al., Eurosurveillance, 2018

Follow-up

- Day 13: recalled to clinic, symptoms resolved, received spectinomycin 2g IM, urine NG NAAT (-)
- Day 33: Pharyngeal swab culture positive for NG, same antibiotic susceptibility profile
 - Denied sexual contact after treatment
 - Received ertapenem 1g IV for 3 days
- Day 54: NAAT and culture of urethral and pharyngeal swabs were negative
 - Unable to contact Thai partner

The Clap Heard 'Round the World

Sections \equiv

The Washington Post Democracy Dies in Darkness

'Our greatest fear': Highly drug-resistant gonorrhea confirmed by health officials

theguardian

UK man has world-first case of superstrength gonorrhoea

Public Health England say case is first global report of strand resilient to main antibiotic care



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Man has 'world's worst' super-gonorrhoea

By James Gallagher Health and science correspondent, BBC News

() 28 March 2018

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Detection of ceftriaxone-resistant strains



¹Pleininger et al, Eurosurveillance, 2022; ²Bercot et al, Eurosurveillance, 2022; ³Day et al, Eurosurveillance, 2022;

Detection of ceftriaxone-resistant strains

January 2023

Month Life, But Better Fitness Food Sleep Mindfulness Relationships

First cases of gonorrhea resistant to several classes of antibiotics identified in the U.S.

by Brenda Goodman, CNN Published 6:27 PM EST, Thu January 19, 2023





Drug-resistant N. gonorrhoeae is a global health threat



Threat Level: URGENT



Annual discounted

lifetime direct

medical costs



High Priority Pathogen List



How did we get here?



Unemo and Shafer, Clin. Microbiol. Rev. 2014

What causes antibiotic resistance?

- Evolutionary struggle between microbes
- Mutation/adaptation → Resistance → Selection
- Exposure to antibiotics increases selection pressure
 - Agriculture: ~75% of all tetracycline use worldwide
 - Medicine: Overuse/Misuse of antibiotics



How it started



How it's going

Antibiotic Development Timeline



Lewis, Cell, 2020

Many mechanisms for AMR



Goire et al, Nat Rev Micro, 2014

Antibiotic use exerts selective pressure for drug resistance



Dong HV and Klausner JD, Nat Rev Urol, 2019



1. (Blue organism) A species of bacteria may carry the genetic code for drug resistance (the blue rings).

2. Gonococci (the orange one) find themselves next to that bacterium, and swipe the resistance gene.



3. New gonococci grow with the genes for resistance incorporated into their own DNA.



4. (Then show the blue strips in a different place in another oval) Genes also move around within the gonococcal DNA, jumping to different locations.

MAJOR ARTICLE



Decreased Cephalosporin Susceptibility of Oropharyngeal *Neisseria* Species in Antibiotic-using Men Who Have Sex With Men in Hanoi, Vietnam

Huan V. Dong,^{1,2,©} Loc Q. Pham,^{3,4} Hoa T. Nguyen,⁵ Minh X. B. Nguyen,^{4,6} Trung V. Nguyen,^{5,7} Folasade May,² Giang M. Le,⁴ and Jeffrey D. Klausner^{2,3}

- 207 pharyngeal swabs collected from MSM in 2016-2017
- 100% grew \geq 1 Neisseria sp.
 - N. flavescens 47.2%
 - *N. subflava* 21.5%
 - *N. perflava* 11.3%
 - N. gonorrhoeae 3.4%
- Any antibiotic use in prior month was associated with increased resistance



Dong HV et al, CID, 2019

AMR of *N. gonorrhoeae* in US

Prevalence of Tetracycline, Penicillin, or Ciprofloxacin Resistance* or Elevated Cefixime, Ceftriaxone, or Azithromycin MICs by Year — Gonococcal Isolate Surveillance Project (GISP), 2000–2021





STD Surveillance 2021, CDC

STD Surveillance 2018, CDC

Resistance-Guided Treatment of Gonorrhea: A Prospective Clinical Study

Jeffrey D. Klausner,¹ Claire C. Bristow,² Olusegun O. Soge,³ Akbar Shahkolahi,⁴ Toni Waymer,⁴ Robert K. Bolan,⁵ Susan S. Philip,⁶ Lenore E. Asbel,⁷ Stephanie N. Taylor,⁸ Leandro A. Mena,⁹ Deborah A. Goldstein,¹⁰ Jonathan A. Powell,¹¹ Michael R. Wierzbicki,¹¹ and Sheldon R. Morris²

- Used gyrA PCR test (Ser-91) in a multi-site, prospective study to evaluate the efficacy of ciprofloxacin 500mg PO once to treat *N. gonorrhoeae*
- Follow-up microbiological cure 5-10 days post-treatment
- Enrolled 211 participants
- Microbiologic cure:
 - Intent-to-treat arm: 91.7%
 - Per-protocol arm: 100%

VIEWPOINTS





Resistance-Guided Therapy for Neisseria gonorrhoeae

Lao-Tzu Allan-Blitz,^{1,2,®} Paul C. Adamson,³ and Jeffrey D. Klausner⁴

- Ciprofloxacin: Assays available
 - No commercial assays in US
 - British STI guidelines incorporate
- Cefixime
- Ceftriaxone
- Assays under development: must detect multiple mutations



SpeeDx

• Zoliflodacin? — Future Therapy

Addressing AMR in *N. gonorrhoeae* is an urgent global health issue

- Surveillance
 - Limited data in many parts of the world with high AMR¹
- Diagnosis ullet
 - Syndromic management in many low-resource settings²
 - Lack of detection of AMR at diagnosis²
- **Treatment** \bullet
 - Empiric in most settings
 - Limited therapeutic options remain

¹Wi T, et al. *PLOS Medicine*, 2017; ²Wi T, et al. *J Int AIDS Soc*. 2019







WHO Global Gonococcal Antimicrobial Surveillance Programme

Extended Spectrum Cephalosporins



WiT, et al. PLOS Medicine, 2017

AMR in N. gonorrhoeae: Western Pacific Region



George, CRR et al. PLOS One, 2017

BMC Infectious Diseases

RESEARCH ARTICLE

Open Access

Trends in antimicrobial resistance in Neisseria gonorrhoeae in Hanoi, Vietnam, 2017-2019

Paul C. Adamson^{1*†}, Hung Van Le^{2,3†}, Hai Ha Long Le^{2,3}, Giang Minh Le³, Trung Vu Nguyen^{3,4} and Jeffrey D. Klausner^{1,5}

409 clinical isolates from Hanoi,		Interpretive Categories, n (%)			
2017 - 2019		2017	2018	2019	
\rightarrow 0% susceptible to penicillin	Azithromycin (n = 407)				
\rightarrow 98.5% resistant to					
ciprofloxacin	Resistant	17 (15.3%)	63 (46.7%)	42 (26.1%)	
\rightarrow 30% azithromycin resistance	Cefixime $(n = 406)$				
\rightarrow Verv few ceftriaxone resistant	Non-susceptible	2 (1.8%)	7 (5.7%)	4 (2.5%)	
isolates	Ceftriaxone (n = 408)				
\rightarrow All isolates susceptible to	Non-susceptible	0 (0%)	1 (0.7%)	2 (1.2%)	
spectinomycin					

Check for updates

Prevalence of STIs among MSM in Hanoi

100

80

60

40

20

0

- Prospective cohort study among men who have sex with men in Hanoi, 2017 – 2019
- Baseline screening for HIV, syphilis, gonorrhea and chlamydia (urethral, rectal, and pharyngeal)
- Recruited 1893 participants
- First HIV PrEP program in Vietnam



Baseline Prevalence



Gonorrhea is often extragenital and asymptomatic

Prevalence of gonorrhea: 13% (n=242)



Asymptomatic infections:

- \rightarrow 47.9% rectal
- \rightarrow 42.8% urethral
- \rightarrow 46.4% pharyngeal*

Prevalence of chlamydia: 23% (n=435)



Routine Screening for CT/NG

Adamson et al, STD, 2021

AMR in *N. gonorrhoeae* in key populations



Resistance spreads faster with more treatment, not more sexual partners



Fingerhuth et al, PLOS Pathogens, 2016

Antibiotic consumption in PrEP programs

Classes of Antibiotics Fluoroquinolones Macrolides Neisseria species Ital Ireland Slovakia Greece PrEP Malt nbour Gree c Sulgari Spai Malt Irelar Icelar Latv Sloven Polar Polar Fram Portug Slovak Time **3G Cephalosporins Tetracyclines** Sueeden Latvia Latvia Portugal Austria Greece Hungary Hungary Spain Maita Nugaria Spain Maita Spain Maita Frence France eisseria species

Kenyon et al, Int J STD & AIDS, 2020

Kenyon et al, JID, 2020

Genetic exchange Time High antimicrobial consumption

> Genetic xchang

Time

Low antimicrobial consumption

Time

Are PrEP participants in Vietnam at increased risk for AMR?

- STIs are common among people in HIV PrEP programs
- Undergo routine testing for STIs
- Increased antibiotic consumption
- Setting with high prevalence of AMR
- Will this select for resistance?



ΕP

Pr



Sexual Health and Promotion Clinic







Testing for STIs and AMR within a PrEP program

Study Objectives:

- Prevalence of CT/NG at 3 anatomic sites
- Routine culture of *N. gonorrhoeae* and testing for AMR
- Piloting a test-of-cure program for pharyngeal infections
- Genomic epidemiology of gonococcal infections
- Commensal Neisseria prevalence of AMR and perform wholegenome sequencing

Study Overview

Design: Observational study

- Population: PrEP program participants
 - Exclusion criteria: testing for STIs in the prior < 3 months (asymptomatic)
- Sample Size: Approximately 1500 PrEP participants

Study Overview - Procedures

- Enroll participants within SHP Clinic PrEP program
 - *C. trachomatis* and *N. gonorrhoeae* testing by NAAT at rectal, urogenital, pharyngeal sites and testing for commensal *Neisseria* Questionnaire to assess antibiotic education and practices
- Participants with infection return to clinic for treatment
- Participants with NG infection:
 - Collect swabs for culture and antibiotic susceptibility testing
 - Return for test-of-cure 10-14 days following treatment
 - Additional swabs taken at TOC visit for culture and AST

Study Overview – Participant Timeline



Preliminary Study Results

• Enrolled 601 participants (Jan 2022 - Jan 2023)

Prevalence of *Chlamydia trachomatis*: 20.4% (n=108)
 – 67.6% were rectal infections

Prevalence of *N. gonorrhoeae*: 14.6% (n=77)
 – 80.5% were pharyngeal infections

Infections more common among those reporting symptoms

	Overall N=529	Symptoms in prior week		No symptoms		P-value
NG infection		n	%	n	%	P-value
Urethral	16 (3.0%)	14	6.5	2	0.6	<0.001
Rectal	38 (7.2%)	21	9.8	17	5.4	0.06
Oropharyngeal	62 (11.7%)	33	15.3	29	9.2	0.03
Any site	77 (14.6%)	40	18.6	37	11.8	0.03
CT infection						
Urethral	23 (4.3%)	11	5.1	12	3.8	0.47
Rectal	73 (13.8 %)	30	14.0	43	13.7	0.93
Oropharyngeal	30 (5.7%)	15	7.0	15	4.8	0.28
Any site	108 (20.4%)	47	21.9	61	19.4	0.50
CT or NG infection						
Urethral	34 (6.4%)	21	9.8	13	4.1	0.009
Rectal	95 (18.0%)	40	18.6	55	17.5	0.75
Oropharyngeal	83 (15.7%)	42	19.5	41	13.1	0.04
Any site	155 (29.3%)	68	31.6	87	27.7	0.33

Results: Test of Cure

77 participants with NG infections

22 (28.6%) Missing Test of Cure Visit

- 20 missed window
- 2 not re-tested by NAATs

55 (71.4%) participants with TOC visit - Median: 13 days (IQR: 12-15)

18 (24%) were positive by TOC

- Timing: Avg 16 days (range 5-35)
- No difference in timing pos vs neg
- All pos at oropharynx (+1 rectum)

Results: Culturing N. gonorrhoeae

- Overall, 13 isolates cultured, recovery varies by anatomic site and symptom status
 - Urethral 35.7% (5/14) \rightarrow all 5 reported symptoms
 - Rectal 10% (4/40) \rightarrow 3/4 reported symptoms
 - Pharyngeal 6.2% (4/65) \rightarrow 2 w/ symptoms + 2 without







Results: Resistance in N. gonorrhoeae

- 13 isolates for antibiotic susceptibility testing
- Spectinomycin all susceptible
- Azithromycin 4 (31%) resistant
- Cefixime 1 (7.7%) decreased susceptible
- Ceftriaxone 2 (15.4%) decreased susceptible



Commensal Neisseria study







Commensal Neisseria study



Commensal Neisseria study





Study summary and next steps

- High prevalence of CT/NG infections
- Routine culturing of NG has low positivity but can increase isolates for AST/surveillance
- High positivity of tests-of-cure
- Next steps:
 - Whole genome sequencing of *N. gonorrhoeae*
 - Analysis of test-of-cure specimens
 - Commensal Neisseria sequencing

Addressing AMR in *N. gonorrhoeae* is an urgent global health issue

- Surveillance
 - Limited data in many parts of the world with high AMR¹
- Diagnosis
 - Syndromic management in many low-resource settings²
 - Lack of detection of AMR at diagnosis²
- Treatment
 - Empiric in most settings
 - Limited therapeutic options remain

¹Wi T, et al. *PLOS Medicine*, 2017; ²Wi T, et al. *J Int AIDS Soc*. 2019





resistance New treatment for gonorrhea!?

Zoliflodacin - novel antibiotic of the spiropyrimidinetrione class that targets the B subunit of DNA gyrase (GyrB)

Promising Phase 2 results for urogenital and rectal gonorrhea; Phase 3 trial underway

Zoliflodacin resistance - D429N, K450T or K450N mutations in GyrB

These were selected experimentally, but do they occur naturally?

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Single-Dose Zoliflodacin (ETX0914) for Treatment of Urogenital Gonorrhea

Stephanie N. Taylor, M.D., Jeanne Marrazzo, M.D., M.P.H., Byron E. Batteiger, M.D., Edward W. Hook, III, M.D., Arlene C. Seña, M.D., M.P.H., Jill Long, M.D., M.P.H., Michael R. Wierzbicki, Ph.D., Hannah Kwak, M.H.S., Shacondra M. Johnson, B.S.P.H., Kenneth Lawrence, Pharm.D., and John Mueller, Ph.D.

J Antimicrob Chemother 2019; **74**: 3521–3529 doi:10.1093/jac/dkz376 Advance Access publication 5 September 2019 Journal of Antimicrobial Chemotherapy

In vitro antimicrobial combination testing of and evolution of resistance to the first-in-class spiropyrimidinetrione zoliflodacin combined with six therapeutically relevant antimicrobials for Neisseria gonorrhoeae

Sunniva Foerster¹, George Drusano², Daniel Golparian¹, Michael Neely³, Laura J. V. Piddock⁴, Emilie Alirol⁴ and Magnus Unemo () ¹*

J Antimicrob Chemother 2021; **76**: 2847–2849 doi:10.1093/jac/dkab262 Advance Access publication 29 July 2021

Journal of Antimicrobial Chemotherapy

Using a public database of *Neisseria gonorrhoeae* genomes to detect mutations associated with zoliflodacin resistance

Paul C. Adamson 💿 ¹*, Eric Y. Lin 💿 ², Sung-Min Ha 💿 ³ and Jeffrey D. Klausner 💿 ⁴



A global collection of nearly 13,000 *N. gonorrhoeae* genomes

Includes tools that enable detection of AMR

No GyrB mutation analysis tools

Adamson PC, et al., https://doi.org/10.1093/jac/dkab262

Summary

- AMR in *N. gonorrhoeae* is an urgent global health threat
- Prevalence is higher in Western Pacific Region
- Antibiotic consumption might lead to resistance in *N. gonorrhoeae*
- Increased vulnerability to AMR among key populations
- Research to optimize STI screening, treatment, and monitoring for AMR



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Keck School of Medicine of USC









Thank you!

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